

*Brook-Lea Country Club
2010 Junior Golf Program*



Welcome

Welcome to the Brook Lea Junior Program. We have had an increase in participation the past few years, which is good to see. Our goal is to teach all juniors the basic rules, etiquette and fundamentals of golf. To achieve this we have **teaching clinics on Saturdays and play days on Thursday or Friday's**. We also have **3 golf camps** in June, July (2) which provide a more in depth approach to the game. All of these you can sign up for in the pro shop.

Rules/Etiquette Test- Over the years we have developed a procedure to allow the juniors to progress in the game and work towards playing without an adult in their group. **Step #1-** Break 60 twice for 9 holes in the presence of an adult. **Step #2-** Get materials from the pro shop to study for the test. **Step #3-** Take the rules/etiquette test in the pro shop and achieve at least 80%

****Passing this test will allow the junior to play under normal hours play and after 12:30 on weekends without an adult in the group.**

The Clinic dates are on Saturday's from 2:00-3:00:
5/22, 5/29, 6/5, 6/12, 6/19, 6/26

Junior Play Days

The play days are **on Friday mornings after school ends starting at 8:00:**
7/2, 7/9, 7/16, 7/23, 7/30

Junior Championship is August 14th and 15th

We divide the juniors into 3 divisions based on age and ability:

4 holers- these are 5-8 year olds just beginning the game. They play #14-17 from the 150-yard marker. We ask that an adult ride around with each group to help them keep score and learn course etiquette.

9 holers- these are 9-12 year olds who have played the game for a few years and are working toward passing the rules/etiquette test. They tee off around 8:00 after the 18 holers.

18 holers- more advanced juniors 13-17 years old who are looking to refine their games. They are the first ones to tee off at 7:45.

All juniors can participate and will receive prizes!!

Junior Golf Camps

In 2010, we will again be hosting Junior Golf Camps. The dates have been scheduled based on participants' feedback to ensure maximum participation.

The camps are in addition to our Saturday Junior Golf program. The advantages to these camps are:

- The maximum student to teacher ratio is 6 to 1
- The lessons are directed more to the individual than the group
- We will be out on the course during some of the sessions

The Junior Camps emphasize rules, etiquette, fundamentals and having fun. The age's for this should range from 7 to 17. But if you have a child who is younger and you feel could handle this type of camp, they would be welcome.

The member charge for the camps are \$50 per child with all the money going towards expenses (donuts, notebooks, etc.) and the Assistant Pro's.



The '10 schedule for the Junior Camps:

Tuesday-Thursday: July 6-8

Tuesday-Thursday: July 13-15

From: 8:00-10:00

Junior Tournament Players Camp:

Tuesday-Thursday: June 29th-July 1st from 8:30-10:30

Sign Up will begin: NOW

Junior Tournament Player Camp: This camp is to accommodate the juniors who already know the basics of rules, etiquette and the fundamentals. These are players at least 12 years of age whom want to play in tournaments and learn the finer parts of course management and the golf swing.

These camps are limited to the first 20 Juniors to sign up for each session and the first 12 that sign up for the Junior Tournament Players Camp. Any child of a member, both regular and social as well as grandchildren will be eligible to participate. If you have any questions, please feel free to e-mail us at hoeckerj@brookleacc.com or call the shop at 247-4577.

Junior Golf Clinics

Each week a segment of the golf game will be focused on. As you can see by the schedule, we are breaking the clinics into two groups of juniors, age 13-18 and 8-12. We will first cover a skill area, discuss the rules and etiquette related to that skill area and finally have a fun competition testing the skills learned that day. All golfers will meet either at the driving range or the putting and chipping greens. The clinics will be held on Saturdays from 2:00 to 3:00.

Group A

- May 22nd**
- *Full swing/irons
 - *Intro to etiquette
 - *Closest to pin contest
- May 29th**
- *Chipping
 - *Rules covering relief
 - *Chipping contest
- June 5th**
- *Full swing/woods
 - *Etiquette on speed of play
 - *Long drive contest
- June 12th**
- *Putting
 - *Rules & etiquette
 - *Putting contest
- June 19th**
- *Pitching/bunker play
 - *Rules governing bunker play
 - *Rules questions
 - *Bunker contest
- June 26th**
- *Swing review
 - *Individual interests
 - *Review on all rules
 - *Closest to line contest

Group B

- *Chipping
 - *Rules covering relief
 - *Chipping contest
- May 29th**
- *Full swing/irons
 - *Intro to etiquette
 - *Closest to pin contest
- June 5th**
- *Putting
 - *Rules & etiquette
 - *Putting contest
- June 12th**
- *Full swing/woods
 - *Etiquette on speed of play
 - *Long drive contest
- June 19th**
- *Overall review on swing
 - *Review on all rules
 - *Rules questions
 - *Closest to the line contest
- June 26th**
- *Swing review
 - *Individual interests
 - *Pitching/ bunker play
 - *Bunker contest

Junior Stages of Development



To 4 ½ years of age. These children learn purely by watching and imitating and so need a worthy model. Learning occurs on a concrete level, through doing, tasting, smelling, and feeling. Give them a miniature golf club and let them imitate.

Ages 4 ½ to 7. Children now discriminate between self and others and so recognize that there is a ball and a target and that one is supposed to meet the other. They also become aware of how they are doing. The game is either friendly and inviting or threatening and repelling. Two essential factors are the opportunity to play and understanding that it's fun and safe. Continue to avoid adult abstractions; forget formal instruction.

Keep it a fun, happy game. Do anything and everything to make it fun and exciting. Adult notions of a work ethic and mistakes in swing mechanics are disastrous.

Ages 7-9. Self-esteem and opportunity to play are still the only issues. Therefore, provide opportunity, proper equipment, appropriate models, very little formal instruction, and all the reinforcement you can.

Ages 9-11. Introduce instruction discretely. Children are in the middle of massive biological brain-growth, and adult abstractions are beginning to be understandable. Instruction should come from a caring, sensitive person and should be simple, precise, and loaded with reinforcement. The adult can discretely create challenge without creating anxiety. Development stops, and can even be reversed, as soon as the child finds that play is no longer safe. The instructor must motivate the child to imagine the good that can happen (and avoid images of what can go wrong).

Ages 12 and up. A wonderful cycle—intelligence, self-motivation, and performance—has been set up. Continue providing opportunity, equipment, and reinforcement.



By Chuck Hogan in *Junior Golf Journal*

Junior Golf Course Access

Red Tag:

Juniors who have participated in the junior program are eligible for red tags. This means they can use the course as long as an adult accompanies them. Any junior that has not gone through the junior program will not be allowed to use the golf course.



Green Tag:

Juniors who have passed the written etiquette test and have broken 60 for 9 holes twice in the presence of an adult are eligible for a green tag. This means they can play (outside of junior events) without an adult in their group during times that open play rules are in effect.

White Tag:

Juniors who have passed the written etiquette test and have an established handicap of 10 or less are eligible for white tags. This means they can play at times regular members can (using discretion). They must, however, be accompanied by the parent who is the regular member when playing during regular member times.

Guests: Juniors may bring guests only if they have gone through a golf program at another club and are conscious of course rules and etiquette.

The following times are when the course is available to juniors; please check the golf schedule to see that a tournament would not conflict.

Monday-	Red, Green & White	Anytime
Tuesday-	Red, Green & White	Before 9:00 and 10:45-3:00 After 6:00
Wednesday-	Red, Green & White	Before 7:45 and 9:45-2:30 & After 6:15
Thursday-	Red, Green & White	Anytime
Friday-	Red, Green & White	Until 4:00 & After 6:00
Saturday/Sunday	White	Anytime
Holiday's	Red & Green	After 12:30

Junior Events

Eligibility: Must be a child of a member who is in a family membership category.

Sign up starts 3 weeks before each event

Parent- Child Scotch:

Sunday, July 25th

Eligibility: Must be under 18 years old. Does not have to play with their parent. Parent can play with more than 1 child.

Format: 9 hole scotch. Teams are broken down into 3 equal divisions based on total handicap.

This is meant to be a fun event.

4:30 front 9 shotgun

Parent- Child Bestball:

Sunday, August 1st

Eligibility: Child must under 18 years old. Does not have to play with their parent. Parent can play with more than 1 child.

Format: 2 person best ball with full handicap. 9 & 18 hole divisions

Starting Times: Go from 11:00- 12:00 at the minimum

Junior Championship:

August 13th & 14th

The culmination of our Junior's season is the Junior Club Championship held the weekend of August 13th and 14th. The competition takes place over 2 days and includes 4-hole, 9-hole and 18-hole divisions. Past champions include LPGA tour pro Danielle Downey.

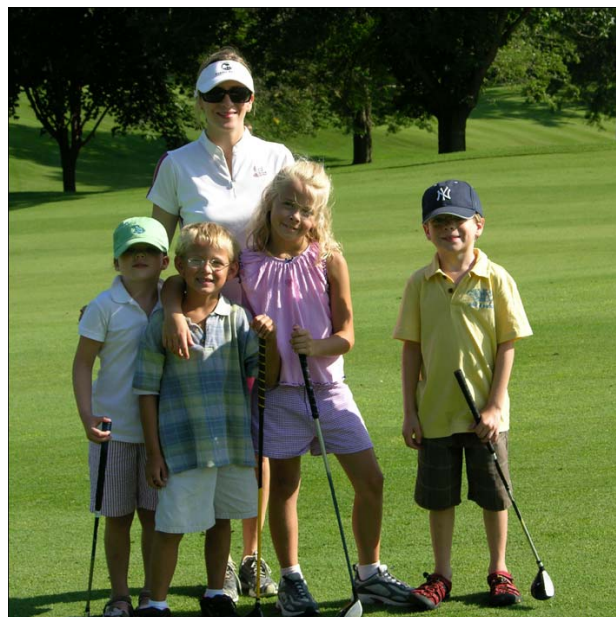
Advice for Parents

As golf professionals, we are always asked advice from parents on how to develop their young golfers. With that in mind, with some help from the PGA, we have come up with some thoughts that may help you.

As parents there are do's and don'ts that you should be aware of.

Do's:

- ❖ Stay involved in a positive way- we want them to come back
- ❖ De-emphasize winning- their effort is all that counts
- ❖ Show how much you enjoy golf
- ❖ Be supportive, interested and encouraging
- ❖ Forbid cheating and lack of sportsmanship
- ❖ Discourage temperamental behavior and vulgarity
- ❖ Make sure your child's self esteem is not on the line
- ❖ Stress the lifetime value of golf as a sport
- ❖ Smile often
- ❖ Remember, just like in life, how you act will be copied



Don'ts:

- ❖ Expect financial returns from your child's interest in golf
- ❖ Put pressure on your child to win
- ❖ Get too excited if your child does win
- ❖ Force them to play. They won't come back next time
- ❖ Show negative emotion, fear or nervousness on the course
- ❖ Say "we're playing today" or "we won"
- ❖ Use love to get your child to work harder
- ❖ Equate your own self worth with your child's performance

Mental Approach



We have watched as many young golfers have matured into fine players. Some of the common denominators that lead to their improvement have been:

- *Understanding that there is a lot more to playing good golf than just having a good swing

- *You can't control what other people think or do

- *Knowing that mistakes are part of the game and those mistakes are an opportunity to learn and get better

- *Understand that a positive attitude has a direct impact on their getting better and enjoying the game

Safety

Here are some important tips on safety that you should be aware of when taking group instruction or just playing golf with friends and family:

- *Never swing a golf club in a group setting

- *Swing the club only in designated areas and when all other people are in safe positions

- *Never stand in the target line of other people swinging clubs. The club could slip out of their hands or the club head could come off

- *Never go in front of an established hitting line

- *Yell FORE when you hit a ball that might hit someone. Remember this is not a substitute for following safety procedures

- *Develop a STOP - LOOK - and SWING routine prior to each swing when playing golf.

Junior Program Sign-Up

Dear Parent,

In an effort to provide all the information on this year's Junior Program, we have assembled this packet to answer all your questions.

In order to make this year's program the best it can be, we have made some changes that will hopefully peak your young golfer's interest. Keep in mind while the recommended starting age is 8, the child needs to be able to concentrate for the full hour. If you feel your child can't do this, in order to be fair to the other children, they probably should not participate yet.

As has been the Brook Lea tradition, there is no charge for this program. We look forward to a large sign up, so let us know as soon as possible.

Sincerely,

The Golf Staff

Junior's Name _____ Age _____

Years Playing _____ Average Score (If Any) _____

Junior's Name _____ Age _____

Years Playing _____ Average Score (If Any) _____

*Please Return to the Golf Shop!

Contact Us

Brook-Lea Country Club
891 Pixley Road
Rochester, NY 14624
585-247-3242



Head Golf Professional
Jon Hoecker, PGA Professional
Pro Shop – 247-4577

Golf Shop Hours

April 1st until May 31st

Weekdays: 8:00am until dark

Weekends: 7:00am until dark

June 1st -August 31st

Weekdays: 7:00am until dark

Weekends: 6:45am until dark

September 1st to October 31st

Weekdays: 8:00am until dark

Weekends: 7:00am until dark

November Hours

Weekdays: 9:00am until dark

Weekends: 8:00am until dark